

What happens during Biomeditation?

When Bioenergy starts flowing there are always some conscious and unconscious reactions. The body takes in Bioenergy and Bioinformation and starts working with them. The power of resistance is activated and the self-healing power strengthened. This done, the body is able to recognize illness and fight it.

Physical reactions after Biomeditation are always a good and positive sign to immediately show the effect of Bioenergy. Typical reactions, for example, are a slight feeling of heat, cold, heaviness, slight aches in different body parts, a pleasant tickling, deep relaxation, a feeling of wellbeing and of long-missed happiness.

Please be aware that Bioenergy starts working wherever your body needs help. It always works in a manner which suits your recovery best. During this process it is important to thankfully accept the reactions of your body; this will be a support for your own immune system.

**"Recovery is always a holistic process.
If we learn to view a human being holistically,
medicine will break its boundaries."**

Viktor Philippi

How is Biomeditation carried through?

Biomeditation takes one hour and is accompanied by the CD „Melodies of the Stars“. This CD has a strong energetical effect which supports the dissolution of different blockades. During Biomeditation the Biosens uses four main hand positions – which activate the flow of Bioenergy – applied at different energy centres of the body.

Further hand positions may be used. When the Biosens places her/his hand Bioenergy starts flowing and blockades begin to dissolve. Defective information transmitted to cells/organs is corrected and the self-healing power is activated. This is where Bioenergetical healing in the body sets in.

Applications of Biomeditation?

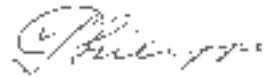
Biomeditation works on the soul, mental and physical level. It may be used by persons of all age groups in order to strengthen one's health. Due to its simple and holistic approach it is an excellent amplification of traditional medical therapies, and can also be applied supplementarily in cases of stress, anxiety, panic attacks, inner restlessness and all sorts of physical ailments.

The Bi@sens conducting Biomeditation gives you and your body, through her/his activity, the stimulus for Bioenergetical healing. Her/his aim is to do everything to enable you to free yourself as quickly as possible from your blockades. You can help in this process by:

- meditating regularly at home with the help of the CD „Melodies of the Stars“ or the DVDs „Redemption“/ „Purification“,
- accepting your reactions in a positive way
- occupying yourself with the Philosophy of the Golden Pyramid (healthy thinking).

In this way you will strengthen and preserve your health, your highest good.

Yours
Viktor Philippi



For further information see the internet under
www.theomedizin.de and
www.biomez.de



Bioenergetical Meditation

according to Viktor Philippi





Bioenergetical Meditation, in short Biomeditation, was brought into being in 1994 by Viktor Philippi. It is carried out by a Bi \odot energetic Extrasens (abbr.: Bi \odot sens). A person who has successfully completed training at the Forschungs- und Lehrakademie für Bioenergetik und Bioinformatik (Research and Educational Academy for Bioenergetics and Bioinformatics Academy for Research and Teaching of Bioenergetics and Bioinformatics) - founded in 1996 - and has received her/his degree certificate is entitled to call herself/himself a Bi \odot sens.

Since 1996 more than 2000 Bi \odot sens have been trained (number as of May 2009). The Bi \odot sens Organization (abbr. in German: EBB e. V.) exists since 1998 and has more than 700 members throughout Europe (again as of May 2009). Founded in Germany, it is at present organized in seven regions within Germany, Austria, Switzerland and Italy.

Biomeditation is being successfully applied by doctors, non-medical practitioners and therapists of different subject areas. It is especially suited to strengthen one's health and to activate a person's self-healing powers.

What is Biomeditation and what happens when it is being applied?

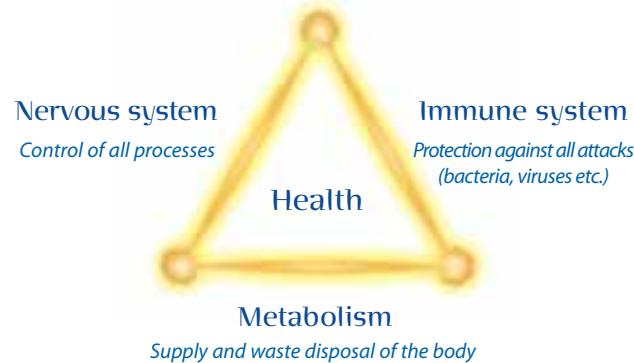
The prefix „Bio“ is Greek and means „Life“. The term „Meditation“ is of Latin origin and means a deep and relaxed thought/pondering/state of mind. Besides, what is working during this process is Bioenergy (which I should explain as the power and love of God – howsoever one would imagine Her/Him). Only through love, healing can happen. Healing is the greatest miracle.

A very nice proverb runs: „You only learn to fully appreciate freedom when you lose it“. The same is the case with health and love. Mankind still greatly lacks both these qualities.

Instead of fighting illness Biomeditation strengthens health. Once health is strong illness will leave all by itself. Biomeditation, in the first place, activates the body's immune system, metabolism and nervous system of the body, the three most important pillars and bases of a person's health. There exist more than 100.000 different diseases on earth, but only man's metabolism, nervous and immune systems are capable

to fight all of them successfully and with a lasting effect. This they can do only if they are intact or if they are successfully activated. If this is done through Bioenergy a person's health often improves within a short time. Bioenergy is the perfect tool to achieve this goal.

The above three pillars of our health have the following functions:



These three are inseparably interconnected. If one of them is weakened by wrong and defective function of an organ, the other two are automatically affected. Harmonious teamwork is disturbed and the body becomes weaker and weaker.

To restore health you have to activate and strengthen what is weakened, namely: Immune system, metabolism and nervous system. Only in this way the body receives the strength to regenerate and fulfill its proper task – to ward off illness.

Through Biomeditation, all this is possible, because it neither just treats symptoms nor does it battle against illness. Biomeditation tackles the cause, the informatory malfunction which causes the energetical blockade. When the latter – i. e. the cause – is removed through Bioenergy, the illness – i. e. the consequence – can also go.

What is illness, and how does it develop?

Illness, in simple terms, is a disturbance of natural body processes. Depending on how far the disturbance has progressed it may cause pain and symptoms of various grades of intensity. The cause of the disturbance, however, can always be found on the informatory level. If, for example, one particular cell does not get the information as to what nutrients it should take from the blood and what waste it has to discharge, then chaos will come to reign there. If the cell forms part of an organ

the other cells will try to take over the function of the „disturbed“ cell. This may work for some time. But sooner or later the helper cells will be overburdened, which means they will be restricted in their own function. At this point a person may have the first clear symptoms (pain, nausea etc.) as signs of organic malfunction.

Up to this point, physical processes will not reach human consciousness; the body has helped itself as far as possible without its owner noticing it. Cancer is a good example. Why are cancer cells not – or no longer – identified and destroyed by endogenous cytotoxic cells? **The cytotoxic cells do not have the correct information.** They have become blind as regards the recognition of cancer cells, and so the latter can spread and gradually destroy the body.

It is at this point of the development of defective information that Bioenergy and Bioinformation start activating self-healing power. In Biomeditation the missing informations are transmitted, wrong information is corrected and the necessary power transferred.

Without information nothing can function in our body. And defective information cause defective function. Both will always lead to various diseases. What sort of disease will develop, and in what part of the body, depends on the part where the functions have defects.

Biomeditation dissolves energetical blockades and corrects defective information in the body. The most important aspect is: Many different forms of conscious and unconscious anxiety – with whom nowadays everybody is more or less bound to suffer – are resolved. **I know no other method or therapy which could resolve such an amount of anxiety in so short a time.** Anxiety is the worst and strongest psychical blockade. **For, as long as there is psychical suffering the body cannot free itself from illness.**

The Greek philosopher Plato (427-347 B.C.) already knew:

“If you want to heal your body, heal your soul first”.

Anxieties and inner restlessness are very widespread. And inner restlessness is nothing but an unconscious fear. It is the unconscious presence of this fear that makes it strong and destructive.